



International
Academy of Soccer

Summer Conditioning and Fitness Camp

DATES AND TIMES

Dates: July 5th – August 12th 2010 (6 weeks)

Days: Monday – Thursday, Rain or Shine

Times: 11:00 – 12:30

LOCATION

Islander Middle School

Grass, South of the track

COSTS

\$190 per player

Target age group, Boys and Girls 13 and older

ABOUT THE PROGRAM

This program is for serious soccer players who would like to elevate their game to the next level. Players who strive to play varsity high school soccer, and move on to college level soccer are encouraged to participate. IAS will offer 24 one and a half hour training sessions, which will include long distance and speed training, as well as playing soccer while fatigued.

IAS TRAINERS

Zlatan Halilovic: Zeke is the Director of Coaching for the IAS. He played for the UW Huskies before playing Division 1 professional soccer in Switzerland and Croatia. He has coached numerous teams and individuals on and off the island and brings training techniques mastered in both Europe and the US.

Bennett Addison: Bennett played 4 years of collegiate soccer in California following a stellar career at MIHS varsity soccer.

David Addison: David is the IAS goalie trainer. David still holds the Mercer Island HS record for the fewest goals allowed in a season.

REGISTRATION

Please send the registration form
and check to the:

International Academy of Soccer
7815 81st Place SE
Mercer Island, WA 98040

Name _____ Birth Date _____ Gender _____

Address _____ State _____ Zip _____

Alternatively you may sign up at
the field on the start of the camp.

Email _____ Phone _____

